



Perspectives & Progress Summer 2015

KHCI Kenyan Health Care Initiatives, Inc.

**Ntalabany Clinic
construction has
begun thanks to
your generosity!
Completion date—
September 2015**

Who We Are

Kenyan Health Care Initiatives was established in 2008 in response to the presence of broad areas of abject poverty, inadequate healthcare accessibility, lack of available clean water, and high neonatal and maternal mortality. Working directly with Maasai community members, our projects are community driven. All needs assessments, planning, and prioritization of projects are done through the Il Ngwesi Group Ranch, a government certified area in Lakipia County, Kenya. The group ranch is the governing body for about 7000 Maasai pastoralists living on 22,000 acres and has been cited by the United Nations Equator Initiative as one of the most effective grassroots organizations in Africa. In addition, to KHCI's ongoing initiatives, it has formed a relationship with Days for Girls, International to improve female health, and American Friends of Kenya, whose focus is distribution of books and teaching networks.



A Vision For Ntalabany Villages

Completion of the Ntalabany Clinic will form the foundation for a series of life changing events for 1500 Maasai. These villagers currently live in a state of profound poverty, food insecurity, illiteracy, malnutrition, and poor health. They live in fear of injury from wild animals, and live a true pastoral life. The life of the Maasai women is not easy. She bears and cares for the children, gathers the firewood, procures the water, and is subject to the rule of her husband. The Ntalabany Clinic will change lives by its very presence in the community. This is what will happen:

- Improvement in quality and access to health care
- The clinic will become a gathering point for community meetings, dialog, and planning for the future
- An International Rotary Grant application is in process to obtain partial funding for capital equipment and solar power for the clinic, a drip irrigation greenhouse, pump up water system for the community.
- The Il Ngwesi Group Ranch has made the commitment to begin a preschool program and ultimately a small school building.

**Your contributions are essential to help make this vision a reality.
When you shop on Amazon, choose Kenyan Health Care Initiatives as
your charity of choice using Amazon Smile (smile.amazon.com)**

To find out more, or to support our efforts, please visit: www.khci.org

Days For Girls

Chumvi Sewing Enterprise

Days for Girls International is a nonprofit working in over 77 countries to keep girls in school by providing reusable feminine hygiene kits designed to last 3 years. A women's health education program is a key component of the initiative. KHCI has created the CT Chapter of DFG with over 100 volunteers contributing supplies, sewing skills and financial support. In the spring of 2015 over 1200 feminine hygiene kits, several treadle sewing machines, die cut machines, fabric, and sewing supplies were shipped to the Chumvi Center helping them on the road to self-sustainability.

One year ago the Chumvi Sewing Center was established in response to the need to help girls stay in school, to provide economic opportunities for women, and work toward gender equality. In June 2015, Jesvivan and Winnie, Head Sewers and Administrators of the Chumvi Sewing Center attended the "Uganda DFG University" and received training in all aspects of sewing, soap making, business planning, marketing, supply chain and distribution networking. These skills will help put the sewing center on a firm economic footing. KHCI has made the commitment to support the Chumvi Sewing Center with financial help and additional supplies including feminine hygiene kits as the women develop their skills and generate business.

A well lit, safe, secure, free-standing, dedicated sewing center is planned near the Chumvi School to provide interested students with training in sewing techniques. A women-friendly latrine with water access for hygiene is also being explored.



Jacqueline is an 8th grade Chumvi Primary School student. She likes athletics and has competed on the national level in running. She finds the pads comfortable when running. She used to walk to Timau (6 miles) to buy the shop pads and sometimes would miss school for three days during a cycle. She likes the sanitary pads because they are easy to clean and good quality as they do not leak. She likes that the pads are reusable and she doesn't have to worry about missing school.

KHCI Goals

- **Ntalabany Village**
- The Clinic: capital equipment and solar power for lights and refrigerator
- Reliable village water source
- Drip irrigation green house
- **Chumvi Village**
- Freestanding Sewing Center building
- Women's Friendly Latrine
- **Laikipia North**
- Health education programs emphasizing handwashing and construction of tippy tap stations for handwashing and women's health programs
- Women-friendly latrines
- Implement access to potable water
- Continued support of the Chumvi Sewing Center
- Continued support of the CT Chapter of Days For Girls

Help Us Change These Statistics

- Life expectancy in Kenya: 57 years
- Infant Mortality: 43/1000, in the U.S. >6/1000
- Maternal Mortality: 5.3/1000, in the U.S. 0.02/1000
- 50% of children under age of 5 have had clinical Malaria.
- In 2013 Save the Children Foundation ranked Kenya 143/178 nations in the world for Maternal and Child health.
- The HIV rate in Kenya is 6.8 % and there are 1.4 million orphans in Kenya as a result of HIV/AIDS.
- Many girls miss 5 days of school per month due to menstruation.



Meet Jesvivan and Winnie, Head Sewers and Administrators of the Chumvi Sewing Center. Here they are receiving Certification from the Uganda Days for Girls "University."